

ScheBo® • Pancreas Elastase 1 Quick™

Stool Test



Use

The ScheBo® • Pancreas Elastase 1 Quick™ stool test is a visual immunochromatographic rapid test for detecting pancreatic elastase 1 in stool samples. The Pancreatic Elastase 1 test is known as the gold standard for non-invasive pancreatic function testing. It is an in-vitro diagnostic test exclusively for professional use.

Main Indications:

- Diagnosis/exclusion of pancreatic involvement in association with gastrointestinal symptoms, abdominal pain, maldigestion, steatorrhea, diarrhea, Irritable bowel syndrome (IBS), Inflammatory bowel disease (IBD), obesity and osteoporosis
- Diagnosis/exclusion of exocrine pancreatic insufficiency caused by e.g. Chronic Pancreatitis, Diabetes Mellitus, Cholelithiasis (Gallstones), Cystic Fibrosis, Pancreatic Cancer, Papillary Stenosis, Coeliac Disease

Advantages:

- Based on monoclonal antibodies, substitution therapy has no influence on the test result
- Pancreatic elastase 1 is stable during intestinal transit and absolutely pancreas-specific
- Low intra-individual variation of pancreatic elastase 1 concentration
- Pancreatic elastase 1 determination correlates well with the invasive gold standard secretinpancreozymin test and the secretin-caerulein test
- High specificity: 93%, high sensitivity: 93% (Löser et al., 1996)

ScheBo® • Biotech AG

Test Principle

Human pancreatic elastase 1 is a proteolytic digestive enzyme produced and secreted by the pancreas, which remains undegraded during intestinal transit and can be determined in stool. Its concentration in feces directly reflects exocrine pancreatic function.

The ScheBo® • Pancreas Elastase 1 Quick™ stool test is based on an immunochromatographic method. Pancreatic elastase 1 is detected by two specific monoclonal antibodies. Pancreatic elastase 1 in the stool sample reacts with a monoclonal antibody bound to gold particles. This complex migrates along the test membrane and reaches the test line (T) which has a second monoclonal antibody against pancreatic elastase 1 attached.

If the exocrine pancreatic function is normal (= high pancreatic elastase 1 concentration), the gold-labeled antibody + pancreatic elastase 1 complex binds to the test line (T) and a pink color develops. In the event of an exocrine pancreatic insufficiency (= low elastase 1 concentration) the sample contains no antibody + elastase 1 complex that can bind to the test band (T) so no color becomes visible.

Development of a pink control line (C) guarantees that sample application and migration have taken place correctly and that the test was properly performed.

 **ScheBo® • Biotech AG**

Netanyastrasse 3
35394 Gießen
Germany
Phone: +49 641-49960
www.schebo.com

Storage and Shelf Life

Test

The test must be stored at +4°C to +27°C, and brought to room temperature just prior to use if necessary.

Stool Sample

After taking the stool sample, it can be stored at room temperature for one week. Within this week, either the test must be performed or the sample frozen at -20°C for longer-term storage. The deep-frozen sample is stable for up to 1 year.

Interferences

Watery stools can lead to false results due to a dilution effect.

 **In-vitro diagnostic test for professional use only!**

 **Not for re-use**

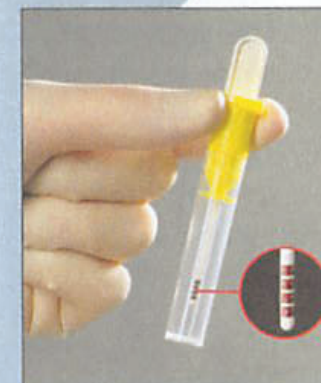
- Do not use the test after the expiry date.
- Do not use reagents from different lots.
- Only open the test cassette's packaging shortly before performing the test.
- Make sure the foil bag containing the cassette is undamaged.
- All patients' samples should be regarded as potentially infectious. Therefore, wear disposable gloves when conducting the test and dispose of the samples, extracts and test cassettes accordingly.
- The extraction buffer contains small quantities of sodium azide.

Contents of the doctor's kit

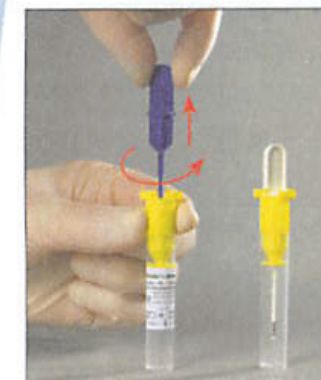


- ① 1 instructions for use
- ② 1 ScheBo® • Pancreas Elastase 1 Quick™ ready-to-use stool extraction system consisting of:
 - a blue dosing tip
 - b yellow cone
 - c pre-filled tube (extraction buffer with detergent and sodium azide (<0.05%))
- ③ 1 Pipette
- ④ 1 ScheBo® • Pancreas Elastase 1 Quick™ cassette (packed in aluminium sachet)

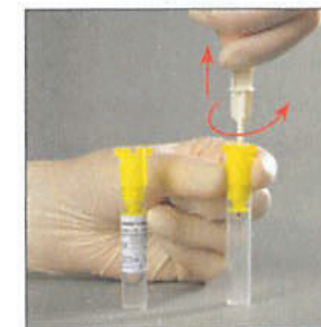
Test Procedure



1. Before starting the test, check that all the notches in the **white** dosing tip of the patient's tube are filled with stool.

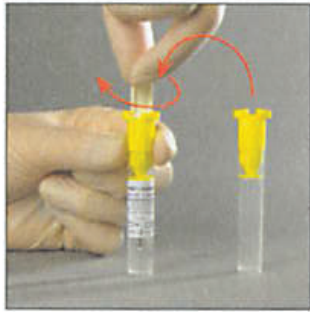


2. Turn the **blue** dosing tip of the extraction system anti-clockwise and withdraw it from the yellow cone. Dispose of the **blue** dosing tip.

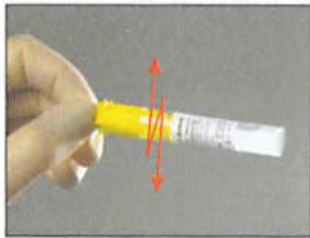


3. Turn the **white** dosing tip of the patient tube anti-clockwise and withdraw the tip with the stool through the yellow cone.

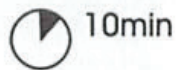
Test Procedure



4. Insert the **white** dosing tip with the stool through the yellow cone into the extraction system and turn the tip clockwise to close it.



5. Shake well and tap the tube if needed until all the stool has been removed from the notches in the dosing tip.



10min

6. Leave to stand for 10 minutes.



7. Give the tube a final shake. Caution: no stool should remain attached to the white dosing tip. If stool still remains stuck to the dosing tip, the extraction system can be left to stand for up to 1 hour in order to free the stool by repeated shaking.



8. Tear open the aluminium packaging and remove the test cassette.



9. Remove the stool sample extract from the extraction system with a pipette.



10. Using the pipette apply 4 drops of stool extract into the circular sample well on the cassette.



5min

11. Wait exactly **5** minutes and then read the results. Results which are read later may be false.

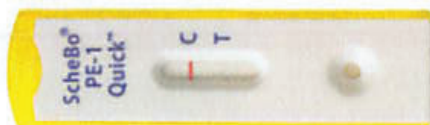
Interpretation of the Test Results

Quality Control: The test contains an inbuilt control. When a pink band develops in the control region (C) the test has been performed correctly.

Normal Two pink bands develop, one in the control region (C) and one in the test region (T). A high concentration of pancreatic elastase 1 indicates a **normal exocrine pancreatic function**. The test stripe (T) must be clearly recognizable as a line, although it may be weaker than that of the control (C).



Low One pink band appears in the control region (C). No band develops in the test region (T). A low concentration of pancreatic elastase 1 indicates **exocrine pancreatic insufficiency**.



Invalid If no pink band appears, the test has not worked.



Application and Test Interpretation

The test is used to measure pancreatic elastase 1 in stool samples. A low concentration of pancreatic elastase 1 indicates **exocrine pancreatic insufficiency**.

Reference concentration

(for adults and children more than one month old)

- **normal pancreatic elastase 1 concentration**
= Values > 200 µg elastase 1/g stool is an indicator for a **normal exocrine pancreatic function**
- **low pancreatic elastase 1 concentration**
= Values < 200 µg elastase 1/g stool can be an indicator of an **exocrine pancreatic insufficiency**.

Two pink lines:

A normal level of pancreatic elastase 1 was found in the stool sample at the time the test was performed. High values of pancreatic elastase 1 concentrations are standard values and are an indicator for a **normal exocrine pancreatic function**. In case of disease symptoms, further diagnostic investigations should be conducted.

One pink line:

A low level of pancreatic elastase 1 was found in the stool sample at the time the test was performed. Low pancreatic elastase 1 concentrations indicate **exocrine pancreatic insufficiency**.

Performance

The Pancreas Elastase 1 Quick™ test has 92% sensitivity and 94% specificity when compared to the Pancreatic Elastase 1 Stool Test ELISA.

References

- Hardt, P.D., Bretz, L.; Krauss, A.; Schnell-Kretschmer, H.; Wüsten, O.; Nalop, J.; Zekorn, T.; Klör, H.U. (2001) Pathological Pancreatic Exocrine Function and Duct Morphology in Patients with Cholelithiasis, *Dig Dis Sci* 46 (3): 536-539
- Hardt, P.D., Hauenschild, A., Nalop, J., Marzeion, A.M., Jäger, C., Teichmann, J., Bretzel, R.G., Hollenhorst, M., Klör, H.U. (2003) High prevalence of exocrine pancreatic insufficiency in diabetes mellitus. A multicenter study screening fecal elastase 1 concentrations in 1,021 diabetic patients, *Pancreatol* 3: 395-402
- Hardt, P.D., Krauss, A., Bretz, L., Porsch-Özcürümez, M., Schnell-Kretschmer, H., Mäser, E., Bretzel, R.G., Zekorn, T., Klör, H.U. (2000) Pancreatic exocrine function in patients with type 1 and type 2 diabetes mellitus, *Acta Diabetol* 37: 105-110
- Leeds J.S., Hopper A.D., Sidhu R., Simmonette A., Azadbakht N., Hoggard N., Morley S., Sanders D.S. (2010) Some patients with irritable bowel syndrome may have exocrine pancreatic insufficiency. *Clin Gastroenterol Hepatol*. 8: 433-438.
- Löser C., Mölgaard, A., Fölsch, U. R. (1996) Faecal elastase 1: a novel, highly sensitive, and specific pancreatic function test, *Gut* 39, 580-586
- Maconi G., Dominici R., Molteni M., Ardizzone S., Bosani M., Ferrara E., Gallus S., Panteghini M., Bianchi Porro G. (2008) Prevalence of pancreatic insufficiency in inflammatory bowel diseases. Assessment by fecal elastase-1. *Dig Dis Sci*.53(1):262-270.
- Mann S.T., Mann V., Stracke H., Lange U., Klör H.U., Hardt P., Teichmann J. (2008) Fecal elastase 1 and vitamin D3 in patients with osteoporotic bone fractures. *Eur J Med Res*. 13(2): 68-72.
- Soldan, W., Henker, J., Sprössig, C. (1997) Sensitivity and Specificity of quantitative Determination of Pancreatic Elastase 1 in Feces of Children, *J Ped Gastroenterol Nutr* 24: 53-55
- Stein, J., Jung, M., Szlegoleit, A., Zeuzem, S., Caspary, W.F. Lembcke, B. (1996) Fecal immunoreactive elastase-1: Evaluation of a new tubeless pancreatic function test in comparison with other indirect and direct tests for exocrine pancreatic function *Clin Chem* 42: 222-226
- Stein, J., Spirchez, Z., Lembcke, B., Caspary, F. (1997) Untersuchungen zur Bedeutung der Elastase-Bestimmung als einen neuen nicht-invasiven Test der exokrinen Pankreasinsuffizienz, *Z Gastroenterol*. (Suppl. 1): 122-129
- Teichmann J., Riemann J.F., Lange U. (2011) Prevalence of exocrine pancreatic insufficiency in women with obesity syndrome: assessment by pancreatic fecal elastase 1. *ISRN Gastroenterol*. 11;2011:951686. doi: 10.5402/2011/951686. Epub 2011 Nov 3.
- Terbrack, H.G., Gürtler, K.H., Hüls, G., Bittner-Dersch, P., Klör, H.U., Lindemann, H. (1996) Humanspezifische fäkale Pankreaselastase bei Kindern, *Monatsschr. Kinderheilkd*. 144: 901-905
- Walkowiak, J., Cichy, W.K., Herzig, K.H. (1999) Comparison of Fecal Elastase-1 Determination with the Secretin-Cholecystokinin Test in Patients with Cystic Fibrosis Scand, *J Gastroenterol* 34(2): 201-207
- Walkowiak, J., Herzig, K.-H., Strzykala, K., Przyslawski, J. and Krawczynski, M. (2002) Fecal Elastase-1 Is Superior to Fecal Chymotrypsin in the Assessment of Pancreatic Involvement in Cystic Fibrosis, *Pediatrics* 110: 1-4